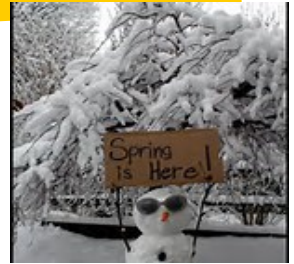




Doing our best to keep you informed

March 2017

Tiger Monthly News



From the Desk of Principal David Dalton

Principal Dalton was embarking upon the student trip to Peru at production time. We look forward to an account of the group's adventures in our April Newsletter!



IHS Students Maddie Wilson (l) and Hannah Herron (r) take part in a weaving demonstration within the Sacred Valley region of Peru. They are part of a student group attending the 2017 Global Leadership Summit.



The Spring Sports Season begins this Monday, March 20th. Athletes will be able to utilize the new turf field in our in-between weather season for the first time!

Did you know that you can rent the turf field for your team, group or league? See pg 3 for information.

Important Dates

March

- 3/16— High School Presentation to Finance Committee 7pm Mtg
- 3/21-23— Sophomore MCAS
- 3/29— All Town Band Concert 7:30

April

- 4/3— School Council Meeting
- 4/5— String Festival, 7pm, PAC
- 4/6— Spring Induction of new National Honor Society members
- 4/6— Scholarship applications due to Guidance by 2:15 (Seniors)
- 4/7 - SAT registration deadline for 5/4 Testing at IHS
- 4/8— ACT Test (other locations)
- 4/11— Credit For Life Field Trip (Jrs)
- 4/11- STEAM Showcase 5-7pm
- 4/12— Coffee with the Principal
- 4/17-4/21— Spring Vacation Week
- 4/28— JUNIOR PROM AT THE HELLENIC CENTER

Please send info or photos for the April newsletter to hsoffice@ipsk12.net.

Newsletter Produced by
Wendy White

Winter Cotillion at the Ipswich Country Club for Juniors & Seniors ~Saturday, February 4th



**THE IHS
GIRLS
LACROSSE
PROGRAM,
WILL BE**



SELLING 6 INCH POTTED TULIPS (\$10), DAFFODILS (\$10), HYACINTHS (\$10) AND LILIES (\$15) AS A FUNDRAISER.

To pre-order your Flowers, contact any IHS Girls Lacrosse Player, or Emmy Whooley, ewhooley@verizon.net. Flowers will be available for pick up at the High School on April 14th, 2:30 - 4:00 pm, and April 15th, 10:00 am - 1:00 pm. Additional flowers will also be for sale on those days if you do not place a pre-order.



Athletic Info

Spring Sports will begin Monday, March 20th. **Registration deadline is TODAY Thursday, March 16th!** Make sure your student has returned previous uniforms, paid the athletic fee and filed their updated Physical to participate. Check out the upcoming and weather-dependent schedules at

<http://www.mascores.com/index.php?l=cal&school=Ipswich&sec=Schedules>

CONGRATULATIONS TO THESE SUPERSTAR WINTER ATHLETES!

2016-17 Winter Award Winners

Championships (Baker Div): Boys Indoor Track

Coaches of the Year (Baker Div): Marty Binette (Boys Track); Brian Seabury (NEC Girls Hockey)

Players of the Year (Baker Div): McKinley Karpa (NEHL)

Sportsmanship Award (Baker Div.): Girls Track; Boys Basketball

Boys Basketball:

- **1st Team All-Star:** Andrew Fremont-Smith and Kilian Morrissey

Girls Basketball:

- **1st Team All-Star:** Kelsey Daly; Anna Davis; Katherine Noftall

Boys Track:

- **Gold Medal:** None
- **Silver Medal:** None
- **Bronze Medal:** Mike D'Agostino (55m Dash); Kellen Waters (1000m Run)

Girls Track:

- **Gold Medal:** Abby Fitzpatrick (Shot Put)
- **Silver Medal:** None
- **Bronze Medal:** None

Swimming/Diving:

- **Gold Medal:** None
- **Silver Medal:** Harry Bertera (100 Fly) & Joanna Mullen (50 Freestyle)
- **Bronze Medal:** None

Co-Operative Team Awards

Boys Ice Hockey:

- **CAC All-Star:** Christian Fabbri, Max Kivekas and Paolo Recupero

RESERVE YOUR TURF

Ipswich Public Schools Turf Field Rentals

Contact us at:
(978) 356-3137 x2192
or
nlaroche@ipsk12.net
For PRICING AND AVAILABILITY

Turf Field Highlights

- *PA System
- *Press Box
- *Lights
- *6 Lane Track with Lynx Systems Timing & Scoreboard
- *Separate "D" Area for Warm Ups
- *Bleachers to hold up to 1,000 Spectators

*Tournaments *Clinics *Summer Camps *Corporate Events *Youth Leagues



Visit the Athletic Department page at www.ipsk12.net for more info

GUIDANCE NEWS

MCAS DATES (Freshmen and Sophomores):

On **March 21-23**, 10th graders will take the ELA Composition and Reading Comprehension MCAS Tests. The makeup day is March 30th.

The **10th grade** Math MCAS will take place **May 16th and 17th**.

The **9th grade** Biology MCAS will be **June 5th and 6th**.

SAT/ACT (Juniors)

Spring SAT and ACT dates and registration deadlines:

<u>TEST</u>	<u>DATE</u>	<u>REGISTRATION</u>	<u>LATE REGISTRATION</u>
<u>ACT</u>	<u>April 8, 2017</u>	<u>March 3, 2017</u>	<u>March 4-17, 2017</u>
<u>SAT</u>	<u>May 6, 2017 at IHS</u>	<u>April 7, 2017</u>	<u>April 8-25, 2017</u>
<u>SAT</u>	<u>June 3, 2017</u>	<u>May 9, 2017</u>	<u>May 10-24, 2017</u>
<u>ACT</u>	<u>June 10, 2017</u>	<u>May 5, 2017</u>	<u>May 6-19, 2017</u>
<u>SAT</u>	<u>August 26, 2010</u>	<u>July 28, 2017</u>	<u>August 15, 2017</u>

Students should sign up using the test agency's web site:

<https://www.collegeboard.org/> AND <https://www.actstudent.org>

Job Shadow Day:

For Juniors and Sophomores, a kick-off meeting will be held on Friday, March 17th during school to find out about experiencing a taste of your dream job out in the local real world. Job Shadow Day will be Wednesday, May 10th.

Credit for Life (Juniors):

There are still a few spaces available for juniors to attend Credit for Life Fair, which takes place on April 11th. Permission slips should be turned in to the guidance office as soon as possible.

Local Scholarships Applications (Seniors):

The deadline to submit completed applications to the Guidance Office is Thursday, April 6, 2017 at 2:15 p.m. On Monday, March 6th, during R Block, there was an informational assembly explaining the local scholarship applications and the application process. Graduating seniors may access application forms in the Guidance Office or through Naviance. For more information, please call 978-356-3137 and ask for either Justine May at ext. 2153 or Cheryl Scibisz at ext. 2147.

Please note: In addition to the local scholarships, additional scholarship opportunities are located in Naviance. To access the scholarships, please visit the "colleges" tab in Naviance, scroll to the bottom of the page and click on "scholarship list"

MORE GUIDANCE NEWS...

MEFA Seminar, Paying the College Bill (Seniors):

Once you have received your college acceptance letters, the next step is to select a school and figure out how to pay for it. And while this is an exciting time, it can also be overwhelming. This seminar is designed to help you examine and compare financial aid awards, calculate the balance due at each school, and develop a plan to pay the bill at your selected college or university. For dates and times of this seminar in the area, go to:

<https://www.mefa.org/events/paying-the-college-bill/>

New Common Application Essay Prompts (Juniors):

The Common Application essay prompts are changing next year. Check out this link to view the updates: <http://www.commonapp.org/whats-appening/application-updates/common-application-announces-2017-2018-essay-prompts>

Individual Learning Plans (Freshmen and Sophomores):

Freshmen and sophomores are beginning to work in Naviance on their Individual Learning Plans, every other week during Monday R-block Advisory. This pilot program, funded by a Payne Grant, combines students' unique interests, talents, needs and goals for secondary and post-secondary success, and puts them all in one place, which they can access throughout their four years of high school. Our hope is to start conversations at home, as well as at school, so please ask your child about their work in this program. Attached at the end of the newsletter is a flyer with more information about ILP's. We look forward to working with your children on this program, and hope they will find it helpful.

Cape Ann College and Career Fair:

The Cape Ann College and Career Fair will be on March 16, 2017 at Gloucester High School. The Fair will be held from 5:30-7:30 PM in the Field House. Over 50 business professionals will be there as well to help students find pathways to careers. See Guidance for the list.

Dual Enrollment:

Registration for Summer I dual enrollment classes at Salem State opens on April 18. The classes start the week of May 22 and run until July 1. This is a great opportunity for students to explore a subject that may not be offered at Ipswich High, and to experience a college class. Students must have a minimum GPA of 2.5, and enrollment is not guaranteed. For more information, please visit: <https://www.salemstate.edu/8592.php>

Good Luck to all our Seniors awaiting the last big round of college decisions! Take a deep breath and remember ~ It all works out in the End !!

New Student DECA Club competes In Finance, Marketing and Business

On January 6 the newly formed DECA Club participated in a district competitive event at Endicott College. Financial Literacy Students challenged themselves to test their knowledge and presentation skills about various sectors of the Business, Marketing and Finance Industry. Also as part of their score they took an online exam in their selected categories during the week of 12/6-12. Owen Barnes, Nate Rodgers, Mersades Johanson, Josh Welling, Tyler Starr, David DaSilva, Anna Davis, Cassidy King, Cole Schildkraut, and Ava Warren participated in the event.

Congratulations to Nate Rodgers and Owen Barnes who qualified to move on to the DECA State Career Conference in Boston on March 9-11. They are set to advance to states and compete in Marketing and Finance Events during the two day conference held at the Boston Copley Marriott and Hynes Convention Center. Congratulations to all participants, the experience will be a great asset to add to their resumes. ~ Submitted by Mike Fitzgerald



POLISHED will be at the
Ipswich Town Hall, Room C, 25 Green Street
Wednesday, April 19th, 2017 from 9am- 5pm
providing *free* dental screenings, cleanings,
sealants and fluoride *for children* by appointment only.

Adults can also receive screenings and cleanings for \$49.

For questions and to schedule an appointment call/text Ellen at 508-237-5378 or email gould.ellen@gmail.com

The Ipswich Health Department, in conjunction with the Ipswich Public Schools, brings this program to you to provide our community with preventative dental care.

www.polishedteeth.com





Ipswich Public Schools welcomes you to attend the
**1st Annual District-Wide
IPS STEAM Showcase!**

When: Tuesday, April 11, 2017 from 5-7 PM

**Where: The Lower Gym at the Ipswich Middle
School/High School**

130 High Street; Ipswich, MA 01938

STEAM (Science, Technology, Engineering, Arts and Math) education engages students with a sense of wonder about our ever-changing world through questioning, collaboration and innovative problem-solving.

Through this District-Wide STEAM Showcase, the STEAM Team aims to:

- *Showcase and celebrate the great STEAM work in our district (grades PreK-12).*
- *Educate community members about STEAM and the innovative learning they are supporting with their tax dollars.*
- *Gather local problems and foster solutions through STEAM teaching and learning.*
- *Inspire others to participate in STEAM education.*

Come meet Ipswich Public School teachers, students and STEAM Team members as we share our STEAM collaborations! Add to a list of local problems we might address through STEAM teaching and learning; sign up to be contacted as fellow problem-solvers by our teachers and students.

Food will be served!

Please contact Tracy Wagner, IPS Director of Teaching & Learning and STEAM Team facilitator for more information -- twagner@ipsk12.net

Art Teachers Present in National Conference

Project-based curriculum design Bridging Strategies For the Visual Arts Liaison



Presented at The National Art Ed Conference, New York, Thursday March 2, 2017
Hilton/Nassau East/2nd
Subject Specific Arts Integration

Instituting a Visual Arts Liaison in your District

This presentation/documentary covered the evolution of how the Visual Arts Liaison (VAL) position was developed and the results of embracing multiple perspectives for problem-based learning in our own district.

Lecture presenters: **Gail Pepe**, (gpepe@ipsk12.net) & **Virginia Eaton**, (veaton@ipsk12.net)
Ipswich Middle/High School, Ipswich, MA

Subject Specific

A project-based unit whereby a specific product outcome is the subject of relevance. Students are provided materials and instruction by the VAL to create their own replica, interpretive model, or stylistic example of what they have been shown.

Subject Enhancers

A project-based unit whereby one teacher's subject area is explored with the assistance of a VAL. The unit design features are created by the VAL specifically to enhance the primary teacher's unit with an overlay of studio habits, art, and design principles.

Topic Centric

A project-based unit whereby a specific topic is selected by the VAL. Students then assist in developing relevant subject areas to include in the framework of the selected topic. This strategy naturally cultivates personalized interest by allowing for in-depth and specific research on one topic while at the same time intuitively inspires collaboration.

Thematic Blend

A project-based unit created by one or more teachers and a VAL. Curriculum outcomes are blended so significantly that the discipline areas answer meaningful questions to problems explored and examined in the complementary discipline.

Take Away

Our collaborative pilot projects demonstrated to us and our team teachers that students are engaged when they are presented with concepts and skills that integrate disciplines. The four Bridging Strategies are a template that has been created to enhance curriculum for the Visual Arts and Design Teacher. The objective for VALs is to take a leadership role in modeling and collaborating on interdisciplinary or transdisciplinary learning. The Bridging Strategies provide increasingly challenging levels of higher order thinking and requires flexibility for greater adaptability when in practice. Our goal is that the changing world will go beyond discipline based teaching while remaining unified by a topic or idea of inquiry.



MUSIC NEWS

from the IMADA website

- ⇒ The annual All Town Band Concert will take place on Wednesday, March 29th at 7:30pm in the Roundy Gym.
- ⇒ The Ipswich Schools String Festival Concert will be held on Wednesday, April 5th at 7pm in the PAC.
- ⇒ Robin's Arts for the Arts, the annual IMADA fundraiser, will be on April 8th from 5:30-9 in the Ascension Memorial Church Gym.
- ⇒ The IHS Band and Jazz Concert will take place on Tuesday, April 11th at 7:30pm in the PAC.
- ⇒ The IHS Honors Chamber Orchestra will be performing at Carnegie Hall in the National Band & Orchestra Festival April 12-15th!

HIGH SCHOOL ART COMPETITION 2017

Three IHS Superstars were honored at a Reception/Awards Ceremony, Wednesday, March 8th at Endicott College. In recognition of aspiring young artists from the region, Endicott College hosts the sixth annual High School Art Competition. The exhibit presents three works in different media from 35 high schools, including 100 young artists. Juried by Al Miner from the Museum of Fine Arts.



Charlotte Stedfast, oil painting



Meredith Lynn, pen and ink drawing

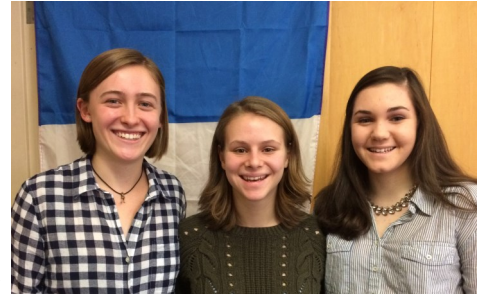
Siena Caddle also won for her woodblock printing.

Language Program News

Article submitted by Susan Killian, World Language Teacher & Department Head

There has been quite a flurry of activity in the World Language Department recently with guest speakers, authentic food samplings, participation in an oratory contest, and international trips being planned for the coming month! Read on to find out more about all of the exciting local and global happenings and events!

Back in January, three Ipswich High School alumnae of the French program returned to speak to a class of freshmen French students about their collegiate studies, their high school language learning experiences, and their future plans for further language study and travel in upcoming semesters. **Amelia Young, Lilly Kallman, and Olivia Kubaska** who attend Emerson, Barnard, and Dickinson Colleges respectively, shared their insight with ninth grade students just before heading back to campus for their second semester at college. All three attested to the value of studying and learning a language at IHS and offered many tips to these younger students about how to profit from their academic experiences throughout high school. Two out of three of these recent graduates are continuing with their French studies at the university level while combining the Romance Language with courses in English, Economics, and Environmental Studies. Although their former classmate is not studying French currently she believes that the French she has learned over the years will help her with her dream of producing films, perhaps even attending the Cannes Film Festival one day!



French III students will be receiving guests from various parts of the Francophone world as well beginning next week. Salmata Ounkara, a senior at UMASS Boston, will be presenting a lesson on Gabon and plans to teach students a bit of Obamba which is a native language of this country. Later in the month engineer Arnoux Nicolas will be returning to IHS to teach students about Haitian and Haitian Creole while we are hopeful that Yasmine Soltani, who works at Education First in Cambridge, will be able to join us for a Lebanese-Arabic seminar in early April. Finally, IHS seniors Nick and Marie Hawwa are organizing a lesson about their native country of Lebanon and plan to share their first-hand knowledge of Lebanese and Arabic with junior French students! What better way to learn about places where French and other languages are spoken than through the eyes and experiences of people so closely connected to these diverse regions of the world!

Speaking of different parts of the globe, a number of IHS students will be boarding airplanes this spring to travel to France and Costa Rica during the week of April vacation! French teacher Al Craven and parent Kitty Bartholomew have worked tirelessly over the past several months to organize the other half of an exchange visit to Hyères in the south of France and because of their formidable efforts, eighteen of our French students will be reconnecting with their host students and families very soon! These students will be spending the Easter holiday in French homes and after have a number of adventures planned including trips to Toulon and Marseilles as well as hikes and tours around this picturesque area with endless vistas of the Mediterranean Sea.

Spanish teacher Nicole Marotta has worked closely with the school-based tour company Explorica and has quite a trip planned as well for this same week. She along with eleven students and fellow language teacher Susan Killian will be going to Costa Rica where visits to the Poás Volcano, Lake Arenal, Monteverde, Puntarenas and even a local school await this group! Students and chaperones are sure to get an up close perspective on the concept of *Pura Vida* through activities such as kayaking, horseback riding, surfing, canopy tours and other cultural experiences in this lush and beautiful country. We are extremely thankful to Miss Marotta for initiating, promoting and organizing this amazing opportunity for our students to immerse themselves in this part of the Spanish-speaking world!

A bit closer to home, Spanish II students have enjoyed some cultural events of their own making lately as they prepared a number of authentic and traditional Spanish dishes to sample during class over the past few weeks. As a culminating project for their food unit, students researched recipes common in Spanish speaking countries and worked in small groups to prepare a number of dishes including Paella, Churros, Croquetas, Patatas Bravas, Magdelenas, Tres Leches Cake, Pan Rustico, and even Guacamole with homemade chips! Students made videos and/or poster displays in which they described how to prepare the various recipes and then feasted on the delicious spread, enjoying the different flavors and novel foods enormously while completing comment cards and sharing their gastronomical opinions with one another!



Finally, the entire World Language Department extends hearty congratulations to **Nina Gillette for receiving first place in the annual Club Richelieu Concours Oratoire on March 6th**. Held at the Hawthorne Hotel in Salem, this oratory contest is sponsored by a long-standing group of French speakers who gather monthly to discuss any number of topics related to the French language, culture, and society. Contestants are required to deliver a presentation in fluid and accurate French on a given topic, this year relating a particular work of art or literature to the time period in which it was created or written. A junior French IV student, Nina selected a contemporary piece entitled *Kiffe-Kiffe Demain* by Faïza Guène and spoke about a number of present day issues in France as well as those that are more universal in nature, common even to us here in the United States. Nina will again present her work in her highly eloquent, polished, assured, and engaging manner as she moves on to the regional round of this contest on Saturday, March 18th. We wish her much luck, or *très bonne chance* in this impressive endeavor and are extremely proud to have her representing Ipswich High School in such a distinguished way! Félicitations!



Guidance Attachment

"MENTAL HEALTH STABILITY IN COLLEGE" **A PANEL DISCUSSION**



According to a 2012 survey done by NAMI, the National Alliance on Mental Illness, 73% of college students reported having a mental health crisis while in college.

<http://bit.ly/1VctI0b>

Focus Questions

- What are some mental-health friendly signs to look for in a college?
- How are teachers and students educated about identifying and helping individuals who may be in distress?
- What can a parent do if they know their student is having mental health issues on campus?
- When a student begins to experience mental health difficulties, what does the college have in place to help the student stay in school?
- When a student needs to take a mental health leave, are there supports on campus to help with the transition back?

Panel Members:

- **Courtney Joly-Lowdermilk**, NITEO Manager, Center for Psychiatric Rehabilitation
Boston University
- **Mary Barrows**, Senior Director, Learning Strategies & Student Success
Northeastern University
- **Elisa Castillo**, Assistant Dean for Student Wellness
Salem State University
- **Brianne Duff**, MSN, RNC, HN-BC, Adjunct Faculty, Director of Student Health Services
North Shore Community College
- **Nicole McMahon**, Certified Peer Specialist, Waverly Place, McLean Hospital

Q & A session will follow the presentations

Wednesday, April 5, 2017

7:00 p.m.

Hamilton-Wenham Regional High School

775 Bay Road, South Hamilton, MA



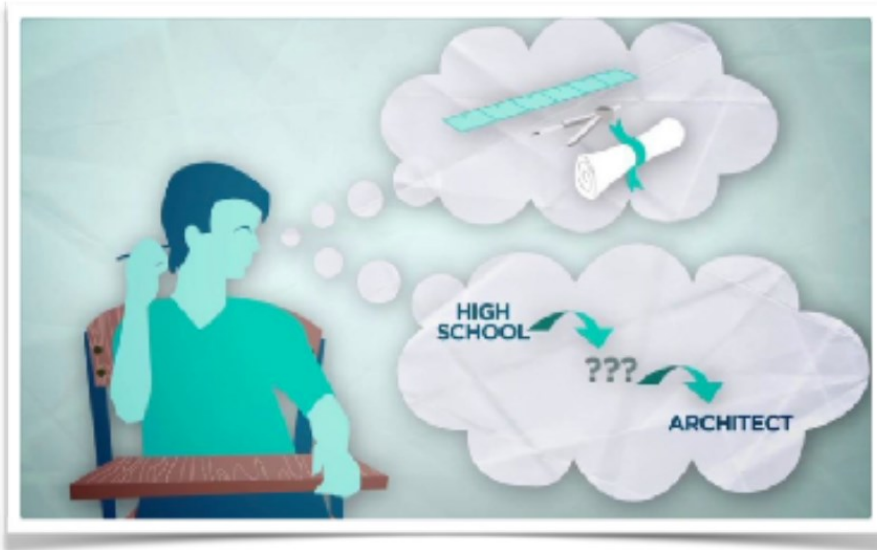
Sponsored by NAMI Greater North Shore & Hamilton-Wenham Regional School District

Open to the Public. No admission charge.

Questions? Call Julie at 978-468-0431

ILP

Individual Learning Plan



What makes me unique? What career is right for me? How do I choose the right college? What can I do if I choose not to go to college? How will I pay for college? Will my family support my decisions?

Questions like these can be overwhelming. Your ILP will help you with the answers by combining your unique interests, talents, needs, and goals for secondary and post-secondary success.



Using Your ILP Time:

Your schedule is busy. Take time to learn more about yourself.



Using Naviance Curriculum:

The web-based lessons and videos help you develop critical skills and college knowledge.



Using your ILP as a Living Document:

Your interests, talents, needs, and goals are kept in one place to help you plan for life after high school.

WHO? WHERE? WHEN?

9th and 10th grade students will participate in ILP or Individual Learning Plan development one R Block every other week for 35 minutes.

WHAT?

An ILP is a personalized plan that you create. You will build on your academic plans, personal development, & career development education.

HOW?

Using tablets, students will go through lessons in Naviance Curriculum with help from teacher instruction and tutorials.